

**FOOD AND SHELTER ASSISTANCE**

**OCEAN COUNTY HUNGER RELIEF**

917-5 N. MAIN STREET, TOMS RIVER, NJ 08753.....732-505-4357

**WELFARE**

Ocean County Board of Social Services, 1027 Hooper Ave.,  
P.O. Box 547, Toms River, NJ 08754.....732-349-1500

**CONVENANT HOUSE**

929 Atlantic Ave., Atlantic City, NJ 08401.....609-348-4070

**OCEAN'S HARBOR HOUSE**

2445 Windsor Ave., Toms River, NJ 08753.....732-929-0660  
Services available 24 hours a day, 7 days a week  
Temporary shelter for runaway, homeless, and abused youth, ages 10-17.

**KING OF KINGS, 1000 N. Main Street, Manahawkin, NJ** ..... 609-597-7177  
Stafford Township – Food Bank

**ST STEPHEN'S ESPISCOPAL CHURCH** 367 US Highway 9 ..... 609-698-8561  
Waretown – Food Bank

**Emergency shelter and services for victims of domestic violence**

**EMPLOYMENT/TRAINING**

**OCEAN COUNTY PRIVATE INDUSTRY COUNCIL**

(One Stop Career Center) 1959 Rt. 9, Toms River NJ .....732-240-5995

**NEW JERSEY EMPLOYMENT INFORMATION – Looking for a job?**

Utilize computer to access Web Page. <http://www.wnipin.state.nj.us>

**SOCIAL SERVICES**

Crisis Intervention – Mental Health Emergencies  
Individual/Family Counseling/ Drug & Alcohol Abuse Services

**FAMILY AND COMMUNITY SERVICES OF CATHOLIC CHARITIES**

88 Schoolhouse Road, Suite 2, Whiting, NJ 08759.....732-350-4120 Ext 103

**DRUG/ALCOHOL COUNSELING**

**OCEAN MENTAL HEALTH SERVICES, INC.**

81 Nautilus Drive, Manahawkin, NJ 08050 .....609-597-5327

**SAINT FRANCIS COUNSELING SERVICES**

4700 Long Beach Island Blvd., Brant Beach, NJ 08008.....609-494-1554

**NARCOTICS ANONYMOUS**.....1-800-992-0401

**AIDS/SEXUALLY TRANSMITTED DISEASES**

**AIDS HOTLINE** .....1-866-448-2432 and 1-800-624-2377

**AIDS COMMUNITY CARE ALTERNATIVES PROGRAMS**

Ocean County Board of Social Services  
1027 Hooper Ave., P.O. Box 5417 , Toms River, NJ 08754  
8:30 am – 4:30 pm.....732-349-1500

**SEXUAL ASSAULT/RAPE/DOMESTIC VIOLENCE**

**Victims of rape or sexual assault should contact police and go to the nearest hospital emergency room immediately!!**

**SAINT FRANCIS COUNSELING SERVICES:**

**SEXUAL ABUSE HOTLINE** .....609-494-1090 or 732-240-6100

**FAMILY CRISIS INTERVENTION UNIT – FCUI**

Crisis intervention counseling for the Southern Ocean County area.  
\*\*\*Ask for the Southern County Team\*\*\* .....732-864-2117

**PROVIDENCE HOUSE OF OCEAN COUNTY**

P.O. Box 4344 Bricktown, NJ 08723.....732-244-8259  
Hotline.....1-800-2468910

**Emergency shelter and services for victims of domestic violence.**

**OCEAN LEGAL SERVICES** 8:30 am–4:30 pm.....732-341-2727

**SOUTHERN OCEAN MEDICAL CENTER SUPPORT GROUPS**

**ALZHEIMER'S SUPPORT GROUP**

1<sup>ST</sup> Monday of the month, 1:00 pm, Family Resource Center

**DIABETES SUPPORT GROUP**

1<sup>ST</sup> Thursday of the month, 3:00 pm, Family Resource Center

**HOMELESSNESS PREVENTION PROGRAM Ocean Inc.,**

Toms River .....732-244-2351 ext 14

**NATIONAL RUNAWAY SWITCHBOARD.....1-800-RUN-AWAY**

For the hearing impaired (TDD).....1-800-621-0394  
Confidential help for teens with temporary shelter, abuse, depression, finding answers and transportation.

**PROVIDENCE HOUSE**

P.O. Box 104, Toms River, NJ 08754.....732-244-8259  
Hotline .....(From 609 area only).....1-800-246-8910

**ST. MARY'S** McKinley Ave., Manahawkin .....609-698-7477

Stafford Township – Food Bank

**SHELTER – FAMILY PROMISE - 338 South Main St.....609-994-3317**

**UNEMPLOYMENT CLAIMS SERVICES**

111 W. Water Street, Toms River, NJ 08753 ..... (Must apply in person)

**SOUTHERN REGIONAL SCHOOL BASED YOUTH SERVICES**

600 N. Main Street, Manahawkin, NJ 08050.....609-597-9481

**ALCOHOLICS ANONYMOUS**

Information number to guide people to local meetings...609-494-5130

**LIGHTHOUSE AT OCEAN COUNTY COUNSELING**.....609-489-0787

**OCEAN COUNTY HEALTH DEPARTMENT**

175 Sunset Avenue, Toms River, NJ 08754.....732-341-9700  
Free testing for sexually transmitted disease, AIDS/STD information

**SAINT FRANCIS COUNSELING SERVICES**

4700 Long Beach Blvd., Brant Beach, NJ 08008.....609-494-1554  
Individual, family, and drug abuse counseling. Sliding scale fee.

**NEW JERSEY DIVISION OF YOUTH AND FAMILY SERVICES (DYFS)**

1510 Hooper Ave., Suite 210, Toms River, NJ 08753.....732-255-0700  
State of New Jersey Child Welfare Agency.

**OCEAN COUNTY FAMILY COURT DOMESTIC VIOLENCE COMPLAIINT UNIT**

Restraining Orders  
Monday – Friday 8:30 am – 3:30 pm .....732-929-2019  
**PARENTS ANONYMOUS** .....1-800-THE-KIDS or 1-800-843-5437

**BREAST CANCER SUPPORT GROUP**

2<sup>ND</sup> Tuesday of the month, 7:00 pm, Family Resource Center

**BEREAVEMENT SUPPORT GROUP**

Southern Ocean Health & Hospice, 80 Nautilus Dr., Manahawkin - 609-489-0252

**OSTOMY SUPPORT GROUP**

2<sup>nd</sup> Tuesday of the month, 1:00 pm, Family Resource Center  
(Does not meet in July and August)

**ALCOHOLICS ANONYMOUS**

Every Friday and Sunday – 7:30 pm, Ullman Conference Center at SOMC  
Every Wednesday and Thursday at the Community Center 239 11<sup>th</sup> St.

**CANCER SUPPORT GROUP**

3<sup>rd</sup> Tuesday of each month 3:00 pm, Southern Ocean Med Center  
(609)978-8919

**BEREAVEMENT SUPPORT GROUP**

THE COMPASSIONATE FRIENDS – [www.tcfocni.weebly.com](http://www.tcfocni.weebly.com) - For families who are grieving the death of a child of any age and from any cause.

ST. FRANCIS CHURCH – BRANT BEACH – 609-494-1554

**OCEAN COUNTY SENIOR SERVICES**

PHARMACEUTICAL ASSISTANCE TO THE AGED AND DISABLED (PAAD)  
1-800-792-9745

SOCIAL SECURITY ADMINISTRATION 1350 Doughty Rd.,  
Egg Harbor Township, NJ 08234-5636 (Pleasantville) .....1-800-772-1213

MEDICARE: State Health Insurance Assistance Program (SHIP)  
Coordinator ..... 732-929-2091

HOME DELIVERED MEALS.....732-367-1400

**OCEAN COUNTY TRANSPORTATION SERVICES**

Ocean Ride Transportation Services.....732-736-8989  
Southern Ocean County.....1-877-929-2082

INTERFAITH HEALTH & SUPPORT SERVICES OF SOUTHERN OCEAN COUNTY .....609-489-0278

**FAMILY PLANNING AND PREGNANCY SERVICES**

FAMILY PLANNING PROGRAM OF OCEAN COUNTY  
290 River Ave., Lakewood, NJ 08701.....732-364-9696

**WOMEN, INFANTS AND CHILDREN (WIC)**

Ocean County Health Department  
175 Sunset Ave., Toms River, NJ 08754.....732-341-9700 Ext. 7520

**DAYCARE**

HEADSTART, O.C.E.A.N. (Ages 3-5)  
40 Washington Street, P.O. Box 1029 Toms River, NJ 08754.....732-244-5333

**YOUTH ORGANIZATIONS**

BOY SCOUTS OF AMERICA  
Jersey Shore Council, 1518 Ridgeway Rd., Toms River, NJ 08755  
Jake Knight.....732-349-1037 Ext 29

4H DEVELOPMENT  
Rutgers Cooperative Extension of Ocean County, 1623 Whitesville Rd.,  
Toms River, NJ 08755 Contact: Karen F. Mansue.....732-349-1277

Many of the local churches have youth groups and activities. Please see the church listing and call the churches for more information.

**CLUBS AND ORGANIZATIONS**

SALVATION ARMY DISBURSEMENTS  
Contact: St. Vincent de Paul Society – Stafford Township Area..... (W) 609-698-7477  
Contact: Linda Ash – Long Beach Island Area ..... (W) 609-494-1518

SOUTHERN OCEAN COUNTY CHAMBER OF COMMERCE ..... 609-494-7211  
Meets 2<sup>nd</sup> Tuesday of month – Call for meeting time; visit LBIRegion.com

SOUTHERN OCEAN ROTARY CLUB – Meets every Wednesday of the month, 12:15 p.m., Villagio’s, McKinley Ave.,  
Manahawkin, NJ 08050 Contact: Keith Gusten .....609-660-1024

**CHURCHES**

CATHOLIC: ST. MARY’S 698-5531  
EPISCOPAL: ST. STEPHENS 698-8561  
METHODIST: WARETOWN UNITED 693-3134  
LORD OF LORDS  
LUTHERAN : CHURCH OF THE HOLY SPIRIT 597-7177  
PRESBYTERIAN: WRIGHT MEMORIAL 698-3358

**DEPRESSION / BI-POLAR SUPPORT GROUP**

Every Friday, 7:15 pm, Family Resource Center

**CAREGIVER SUPPORT GROUP**

3<sup>rd</sup> Monday of each month 3:30

**HAWKINS HAWKEYES SUPPORT GROUP (LOW VISION)**

1st Wednesday of the month (except July and August) 1:00 pm, Family Res. Center

**OVEREATERS ANONYMOUS**

Every Saturday and Sunday – 9:30 am, Ullman Conference Center at SOMC

OCEAN COUNTY BOARD OF SOCIAL SERVICES .....732-349-1500

**HOME ENERGY ASSISTANCE (HEA)**

O.C.E.A.N. Inc..... 732-244-9041

**O.C.E.A.N., INC.**

Emergency Rental and Mortgage Assistance,

Reverse Mortgage Counseling ..... 732-244-9041

TAX ASSISTANCE .....732-929-2091

**BIRTHRIGHT OF OCEAN COUNTY**

819 W. Bay Ave., Barnegat, NJ 08005 (Mon. – Fri. 10am -2 pm)

Call first .....609-660-0485

**EARLY INTERVENTION – SPECIAL CHILD**

175 Sunset Ave., P.O. Box 2191, Toms River, NJ 08754.....732-341-9700 Ext 7602

**GIRL SCOUTS OF AMERICA**

Council of Ocean County, 1045 Old Freehold Rd., Toms River, NJ 08753  
732-349-4489

**TOWNSHIP OF OCEAN MUNICIPAL ALLIANCE**

