

An Early Intervention

- It's difficult to pick up the newspaper, or go on-line these days, without reading about the drug epidemic.
- Most people have a family member, or know someone that is a substance user.
- Many of us know, at least, one individual that has lost their life to drugs.

Our Children and Substance Use

According to the Substance Abuse and Mental Health Services Administration (SAMSA) initiating substance use during childhood or adolescence is linked to substantial long-term health risks. Early to late adolescence is generally regarded as a critical risk period for the initiation of alcohol use with multiple studies showing associations between age at first alcohol use and the occurrence of alcohol abuse or dependence. There is, also, evidence of dependency across a range of other substances, including marijuana, cocaine, other psychostimulants, and inhalants.

What Can We Do?

Teen Intervene is a tested, time efficient, evidence-based program for teenagers 12-19 years old, at risk of, or suspected of experiencing mild substance use. The program covers all drugs but with a special focus on alcohol, marijuana, and tobacco use. This is done in three to four sessions and is designed to work with the teen, then include the parents or guardians in the last session.

Teen Intervene is designed for the purpose of risk elimination, risk minimization, and harm reduction. Please call for an appointment to break this sequence of events, before it takes hold of your child.

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Scholarships are available

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