

TOWNSHIP OF OCEAN & SEACREST REHABILITATION & HEALTHCARE
Celebrates Older Americans Month 2024

“Powered by Connection”

May 29th at the Engel Sprague Senior Center
239 11th St (GPS is Barnegat)

Join us for a day filled with education, conversation and fun.

The event is free however pre-registration is required to ensure an accurate food count.

To register call Jeanne Broadbent 609-548-6319 or email recreation@twpoceannj.gov

{RSVP by May 22}

Everyone who attends & stays until the end of the program will be entered into the raffle for a \$25 Gift Card

- 9:30 – 10:00AM Muffins, Coffee and Conversation
- 10:00 – 10:45 – Dr. Mira – The Importance of Socialization and Self Care
- 11:00 – 11:30AM – Ask Anne – Q & A with Bratton Elder Law
- 11:45 – 12:30 – Lunch compliments of Seacrest Rehabilitation & Healthcare
- 12:30 – 1:30 – The Price is Right with Jacqueline Phillips, Director of Community Relations



**Funded in part by a grant
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Board of Commissioners**

